

Breakfast Menu

Pre-K Menu

February 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

5 Chocolate Chip Muffin ✓
Diced Pear Cup




6 Red. Sugar Cinnamon Toast Crunch Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine

7 Maple Mini Waffles ✓
Applesauce



1 Red. Sugar Cocoa Puffs Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

2 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch




12 Blueberry Muffin ✓
Diced Pear Cup

13 Fruity Cheerios Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine

14 Maple Mini Waffles ✓
Applesauce

15 Red. Sugar Cocoa Puffs Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches




16 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch

19



20 Red. Sugar Cinnamon Toast Crunch Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine




21 Maple Mini Waffles ✓
Applesauce

22 Cheerios Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

23 Whole Grain French Toast Slices ✓
100% Juice Fruit Punch

26 Blueberry Muffin ✓
Diced Pear Cup

27 Fruity Cheerios Cereal ✓
Light Mozzarella Cheese Stick
100% Orange Tangerine



28 Maple Mini Waffles ✓
Applesauce

29 Red. Sugar Cocoa Puffs Cereal ✓
Light Mozzarella Cheese Stick
Diced Peaches

Whitsons is Simply Rooted® in food and family, and our menus are nutritious and flavorful. View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Available Daily

Fresh Fruit (apple, orange, banana or seasonal) available with Breakfast Meal

Fat Free and Low-fat Milk available Daily

All grains are WG and/ or WW

